

# Two Question Screen

A quick way of screening patients you think may be depressed requires asking patients these two questions:

During the past month, have you often been bothered by:

1. Little interest or pleasure in doing things?  YES  NO
2. Feeling down, depressed or hopeless?  YES  NO

- If the patient's response to *both* questions is "no", the screen is negative.
- If the patient responded "yes" to *either* question, consider asking more detailed questions or using PHQ-9 patient questionnaire.

- ACTION:
- Refer to behavioral health
  - Schedule back for more in-depth appointment
  - Patient counseled– see progress note
  - Patient declines intervention

Reference:

Depression Management Tool Kit ©: *MacArthur Foundation Initiative on Depression & Primary Care*: website: <http://www.depression-primarycare.org/ap1a.html>

12/4/02